



Home Care
is a program of



Quality, compassionate care

Since 1979, Solid Ground's Home Care program has provided excellent in-home care services to low-income seniors and people living with disabilities throughout the King County community. Home Care makes it possible for hundreds of seniors to continue living in their own homes safely and independently.

Individualized services include...

- Chore services
- Personal care
- Respite care
- Community Aide training
- Referrals to the 24-hour Personal Emergency Response System

To find out if you qualify for state-assisted in-home care, please call:
Home & Community Services
206.341.7750, extension 6

We believe...

- Our community has the resources, will and ability to end poverty.
- All people have the right to food, shelter, social justice and opportunities.
- Racism perpetuates poverty. To end poverty, we must undo racism.

We believe that together, we can build a community free from poverty, prejudice and neglect in which all members stand on Solid Ground with the skills and confidence needed to achieve their dreams.

Home Care



Providing in-home care for seniors & adults living with disabilities in Seattle & King County

Stay in your home with quality, compassionate care

Home Care's Community Aides provide essential day-to-day assistance such as bathing, grooming, cooking

and medication reminders — a lifeline of care for seniors and people living with disabilities.



Home Care services include...

- Chores: Errands, cleaning, cooking, laundry, shopping, transportation
- Personal care: Hygiene, medications, monitoring, ambulation, feeding, bathing assistance
- Respite care: Protective supervision, companionship, caregiver respite
- Personal Emergency Response System: Referrals to this 24-hour service

"You care about people like me — who can't live without assistance."

Home Care Client

Committed Community Aides

Stability is essential to providing quality home care, and many of Solid Ground's Community Aides and supervisors have worked with us for over a decade. Daily communication between caregivers and supervisors ensures quality care and services. Many of our Community Aides are bilingual to more effectively serve the more than 50% of Home Care clients who do not speak English. All Community Aides receive Fundamentals of Caregiving training when they are hired and continuing education every additional year of their employment.

Personal Provider Program

Most of our clients receive assistance from the State of Washington, but for those who do not qualify, we do provide private pay services. Ask about our Personal Provider Program. Our qualified staff will work with you to develop a care plan. We are licensed by the State Department of Health and our Community Aides are insured.

For more information...

Please call 206.634.3605, visit www.solid-ground.org or send this coupon to:

1501 N. 45th St., Seattle, WA 98103

_____ I am interested in Home Care services (for myself or another person) and would like more information.

_____ I am interested in employment with Solid Ground's Home Care program.

Name: _____

Address: _____

City _____ State _____ Zip _____

Day Phone: _____

Eve Phone: _____